



	Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	<p>Relationship Education: Life Skills - Dealing with Emotions Living Our Values - Diversity, Inclusion, Discrimination/Recognising + Preventing Bullying/Communication Health Education: Life Skills - Individuality/Self Esteem Living Our Values - Self Esteem + Body Image/Mental Health Assemblies: - World Mental Health Day - Puberty (External – Brook)</p>	<p>Relationship Education: Living Our Values - Diversity, Inclusion, Discrimination/Recognising + Preventing Bullying/Communication Health Education: Life Skills - Physical/Mental Health/Healthy Eating/Anxiety + Stress Living Our Values - Self Esteem + Body Image/Mental Health Assemblies: - World Mental Health Day - Puberty + Society (External – Brook)</p>	<p>Relationship Education: Living Our Values - Diversity, Inclusion, Discrimination/Recognising + Preventing Bullying/Communication Health Education: Life Skills - Mental Health/Self Esteem/First Aid Living Our Values - Self Esteem + Body Image/Mental Health Assemblies: - World Mental Health Day</p>	<p>Relationship Education: Living Our Values - Diversity, Inclusion, Discrimination/Recognising + Preventing Bullying/Communication Health Education: Assemblies: - World Mental Health Day - PCOS + Endometriosis Awareness – School Nurse</p>	<p>Relationship Education: Living Our Values - Diversity, Inclusion, Discrimination/Recognising + Preventing Bullying/Communication Health Education: Assemblies: - World Mental Health Day - PCOS + Endometriosis Awareness – School Nurse</p>
Autumn 2	<p>Relationship Education: Life Skills - Personal + Online Safety Living Our Values - Peer Pressure/Gangs/Navigating Conflict/Challenging Prejudice Assemblies: - Anti-Bullying week (External) - Consent and Social Media (External – Brook) Health Education: Life Skills - Importance of Sleep/Balanced Diet /Hygiene/Substances/First Aid Assemblies: - Road Safety (External – Fire Service) - Stress Awareness</p>	<p>Relationship Education: Living Our Values - Peer Pressure/Gangs/Navigating Conflict/Challenging Prejudice Assemblies: - Anti-Bullying week (External) - Healthy + Harmful Relationships (External – Brook) Health Education: Life Skills - Substance Abuse/Online Safety Assemblies: - Road Safety (External – Fire Service) - Stress Awareness Sex Education: Life Skills - FGM - Puberty</p>	<p>Relationship Education: Living Our Values - Peer Pressure/Gangs/Navigating Conflict/Challenging Prejudice Assemblies: - Anti-Bullying week (External) - Healthy + Harmful Relationships (External – Brook) Health Education: Life Skills - Body Image/Substance Abuse Assemblies: - Road Safety (External – Fire Service) - Stress Awareness Sex Education: Life Skills - FGM - Puberty</p>	<p>Relationship Education: Living Our Values - Peer Pressure - Gangs - Navigating Conflict - Challenging Prejudice Assemblies: - Anti-Bullying week Health Education: Assemblies: - Road Safety - Stress Awareness</p>	<p>Relationship Education: Living Our Values - Peer Pressure - Gangs - Navigating Conflict - Challenging Prejudice Assemblies: - Anti-Bullying week Health Education: Assemblies: - Road Safety - Stress Awareness</p>
Spring 1	<p>Relationship Education: Life Skills - Prejudice + Discrimination/Bullying/Friendships/Conflict Living our Values - Misinformation/Staying Safe Online/Financial Literacy Assemblies Online Safety (External – Brook) Health Education: Life Skills - Body Image Assemblies: Safer Internet Day</p>	<p>Relationship Education: Life Skills - Prejudice + Discrimination/Managing changes + conflict in relationships/Bullying Living our Values - Misinformation/Staying Safe Online/Financial Literacy Assemblies Online Safety (External – Brook) Health Education: Life Skills - Body Image Assemblies: Safer Internet Day</p>	<p>Relationship Education: Life Skills - Positive relationships/conflict management/Prejudice Living our Values - Misinformation/Staying Safe Online/Financial Literacy Health Education: Assemblies: Safer Internet Day Sex Education: Life Skills - Image sharing + AI - Abortion/STIs + health services - Pregnancy + Fertility - Abusive Relationships + Grooming Assemblies: - Consent (External – Brook)</p>	<p>Relationship Education: Living our Values - Misinformation/Staying Safe Online/Financial Literacy Assemblies: - Online Misogyny (External – Brook) Health Education: Assemblies: Safer Internet Day Sex Education: Living our Values - Image Sharing + AI Assemblies: - Youth Produced Sexual Imagery (External – Brook)</p>	<p>Relationship Education: Living our Values - Misinformation/Staying Safe Online/Financial Literacy Assemblies: - Online Misogyny (External – Brook) Health Education: Assemblies: Safer Internet Day Sex Education: Living our Values - Image Sharing + AI Assemblies: - Identifying Harmful Sexual Behaviours (External – Brook)</p>



<p>Spring 2</p>	<p>Relationship Education: Life Skills</p> <ul style="list-style-type: none"> - Cyberbullying/Bullying v Banter/Peer Pressure/Gang behaviours/Extremism <p>Health Education: Living our Values</p> <ul style="list-style-type: none"> - Substance Abuse + how to seek help - Body Image 	<p>Relationship Education: Life Skills</p> <ul style="list-style-type: none"> - Abusive behaviours/Consent/Online Safety <p>Health Education: Living our Values</p> <ul style="list-style-type: none"> - Substance Abuse + how to seek help <p>Sex Education: Life Skills</p> <ul style="list-style-type: none"> - Online Safety/Image Sharing - Pregnancy + Miscarriage 	<p>Relationship Education: Life Skills</p> <ul style="list-style-type: none"> - Relationships + harmful portrayals/Peer Pressure <p>Assemblies:</p> <ul style="list-style-type: none"> - Understanding and Challenging Harmful Stereotypes (External – Brook) <p>Health Education: Living our Values</p> <ul style="list-style-type: none"> - Substance Abuse + how to seek help <p>Sex Education: Life Skills</p> <ul style="list-style-type: none"> - Forced Marriage - Contraception, STIs and Access to Health Services - Consent and Victim Blaming 	<p>Relationship Education:</p> <p>Health Education: Living our Values</p> <ul style="list-style-type: none"> - Substance Abuse + how to seek help <p>Sex Education: Assemblies:</p> <p>Understanding and Responding to Pornography (External – Brook)</p>	<p>Relationship Education:</p> <p>Health Education: Living our Values</p> <ul style="list-style-type: none"> - Substance Abuse + how to seek help <p>Sex Education: Assemblies:</p> <p>Understanding and Responding to Pornography (External –Brook)</p>
<p>Summer 1</p>	<p>Relationship Education: Life Skills</p> <ul style="list-style-type: none"> - Role Models <p>Living our Values</p> <ul style="list-style-type: none"> - Marriage/Exiting Aggressive Situations <p>Health Education: Living our Values</p> <ul style="list-style-type: none"> - First Aid + responding to emergencies 	<p>Relationship Education: Life Skills</p> <ul style="list-style-type: none"> - Role Models <p>Living our Values</p> <ul style="list-style-type: none"> - Marriage/Exiting Aggressive Situations <p>Health Education: Living our Values</p> <ul style="list-style-type: none"> - First Aid + responding to emergencies 	<p>Relationship Education: Living our Values</p> <ul style="list-style-type: none"> - Marriage/Exiting Aggressive Situations <p>Health Education: Life Skills:</p> <ul style="list-style-type: none"> - GCSE's + Coping with Change - Employability Skills <p>Living our Values</p> <ul style="list-style-type: none"> - First Aid + responding to emergencies 	<p>Relationship Education: Living Our Values</p> <ul style="list-style-type: none"> - Exiting Aggressive Situations - Rights + Responsibilities in Marriage <p>Health Education: Living our Values</p> <ul style="list-style-type: none"> - First Aid + responding to emergencies 	<p>Relationship Education: Living Our Values</p> <ul style="list-style-type: none"> - Exiting Aggressive Situations - Rights + Responsibilities in Marriage <p>Health Education: Living our Values</p> <ul style="list-style-type: none"> - First Aid + responding to emergencies
<p>Summer 2</p>	<p>Relationship Education: Life Skills</p> <ul style="list-style-type: none"> - Democracy <p>Living our Values</p> <ul style="list-style-type: none"> - Social Media + Reality - Healthy Relationships <p>Health Education: Life Skills:</p> <ul style="list-style-type: none"> - Financial Scams + Debt/Environment <p>Living Our Values</p> <ul style="list-style-type: none"> - Self-Care + Wellbeing 	<p>Relationship Education: Life Skills</p> <ul style="list-style-type: none"> - Fake News <p>Living our Values</p> <ul style="list-style-type: none"> - Social Media + Reality - Healthy Relationships <p>Health Education: Life Skills</p> <ul style="list-style-type: none"> - Money management <p>Living Our Values</p> <ul style="list-style-type: none"> - Self-Care + Wellbeing 	<p>Relationship Education: Life Skills</p> <ul style="list-style-type: none"> - Anti-social behaviour - Financial Exploitation <p>Living our Values</p> <ul style="list-style-type: none"> - Social Media + Reality - Healthy Relationships <p>Health Education: Living Our Values</p> <ul style="list-style-type: none"> - Self-Care + Wellbeing 	<p>Relationship Education: Living Our Values</p> <ul style="list-style-type: none"> - Healthy Relationships - Social Media + Reality <p>Health Education: Living Our Values</p> <ul style="list-style-type: none"> - Self-Care + Wellbeing 	<p>Relationship Education: Living Our Values</p> <ul style="list-style-type: none"> - Healthy Relationships - Social Media + Reality <p>Health Education: Living Our Values</p> <ul style="list-style-type: none"> - Self-Care + Wellbeing

*RSE content that parents can withdraw pupils from is highlighted in red